

DIRECTIONS:

FROM THE NORTH, take 1-95 South to Exit 130, the for Rte 104/Main Street toward Waterville, take left off ramp, stay in right lane, go thru two sets of lights, take next right, you will see GM Pollack, & JC Penny, take left just before GM Pollack, in front of you is Champions Fitness Club, large building with metal roof.

FROM THE SOUTH, take 1-95 North to Exit 130, the for Rte 104/Main Street toward Waterville, take right off ramp, stay in right lane, go thru two sets of lights, take next right, you will see GM Pollack, & JC Penny, take left just before GM Pollack, in front of you is Champions Fitness Club, large building with metal roof.